



True North Stables Report: Headed to Ledges Fall Classic

The team from True North Stables, led by head trainer Caitlyn Shiels, is headed to the Ledges Fall Classic from September 24–27. With new clients on board, the team is eager for the opportunity to get back in the show ring one last time in 2020 before planning for the 2021 competition year.

Based outside of Chicago, IL, True North Stables is a full-service hunter/jumper training program. Read on for more news, including new clients and available sale horses.



Caitlyn Shiels and Cody Wooten are helping the team prepare for Ledges. **Photo by Jump Media**

Caitlyn Announces New Partnership with Essex Classics

"Essex Classics has always been one of my favorite brands so I'm really excited to get to work with them. I love how their shirts are both stylish and cool for the hot days at the show!" - Caitlyn Shiels



Caitlyn Shiels wears Essex Classics for a training ride. **Photo courtesy of True North Stables**

For Sale: Carlisle

At just five years old, Carlisle is showing immense talent. He and Caitlyn won the reserve championship in the Baby Green Hunters during week three at GLEF.

Carlisle is a 16.1-hand Warmblood gelding by Elan d'Espoir with a great brain, big stride, and auto changes. Carl can be seen at Ledges Fall Classic September 22-27.



Photo courtesy of **True North Stables**

New Client Amanda Hauser Joins True North Stables

True North would like to extend a warm welcome to Amanda Hauser and her horse, Parida. We are so excited to start working with this duo, who were selected to compete at the 2020 NAL Low Junior/Amateur-Owner Jumper Finals at the Capital Challenge Horse Show. We wish her the best of luck competing there next week!



Amanda Hauser and Parida. **Photo by Andrew Ryback Photography**

New On The True North Blog

We've all been at home more than usual this year, but it's led the True North team to realize there are many benefits to less travel. Though we enjoy horse showing, the things we gain from more time on the farm are equally as rewarding, and we hope our clients feel the same way.



Photo by **Jump Media**

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True North Stables In The News



Photo by **Fine Art Horses**

USHJA In Stride: COVID-19's Life Lessons

Caitlyn Shiels shared with USHJA In Stride Magazine the challenges she faced as a result of her back injury that occurred just before the USEF-sanctioned suspension for COVID-19.

"The doctor told me that if the fracture was a millimeter over, I could have been paralyzed," said Caitlyn Shiels, sharing the sobering report the doctor gave her after breaking her back.

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USHJA In Stride: What's On Your Mind

Michelle Durpetti was featured in the September In Stride issue discussing her mental game and how she stays strong before going into the show ring.

"Caitlyn would have her hand on my leg and would talk to me all the way there, about the weather, about the course, about the fact that my horse had my back. There were times I would just sit at the top and practice breathing, just remembering how to breathe."



Photo by **Diana Hadsall**

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True North Stables is accepting new sales horses and clients. Contact Caitlyn Shiels if you are interested in joining the True North team and start 2021 with a fresh outlook.

About True North Stables

True North Stables is a full-service hunter/jumper training program, dedicated to horsemanship and to providing top-class riding, training, and sales services to both horse and rider. Led by Caitlyn Shiels and assisted by trainer Cody Wooten, with bases in Illinois and Florida, True North Stables offers highly individualized instruction, horse acquisition and sales assistance, and the opportunity to excel in the sport and in nationwide competition.

Learn more by visiting www.TrueNorthStables.com.

